



IT'S ALL ABOUT VIBES!

CHRISTINE FRIEL MCGRORY

THINK ABOUT NEGATIVE MOODS AND FEELINGS THAT YOU HAVE.
WRITE THEM DOWN.

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THINK ABOUT POSITIVE MOODS AND FEELINGS THAT YOU HAVE.
WRITE THEM DOWN.

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WRITE DOWN THE KEY PHILOSOPHY.

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KNOWING THIS, WHAT DOES THIS MEAN ABOUT WHAT YOU ARE
CREATING IN YOUR LIFE?

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