|  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **1.** |  | **THE KEY COACHING JOURNEY** | | | | |  |  |  |  |  |  |
| **Module** | **Session** | **Step** | **Purpose / Description** | **Area** | **Worksheet /**  **Conversation** | **Attended**  **Session Y/N** | **Watched Replay** | **Completed Lessons** | **Coach**  **Practice 1** | **Coach**  **Practice 2** | **Case Study**  **Practice 1.** | **Case Study**  **Practice 2.** |
| 04. | 2. Part 2 | I AM A KEY [MC NO1] | The answer to what do you do? | Marketing | Y |  |  |  |  |  |  |  |
| 04. | 2. Part 2 | MAGICAL CONVERSATION NO 2 | The answer to ‘What is The Key’? | Marketing | Y |  |  |  |  |  |  |  |
| 04. | 2. Part 1 | PREPARING THE WAY  [5 MINUTE VERSION] | Getting you in the right state of being for coaching | Prep /Co reative | N |  |  |  |  |  |  |  |
| 03. | 1. | MAGICAL CONVERSATION NO 3. | Used to open-up a clients first session. | Client Session 1 | Y |  |  |  |  |  |  |  |
| 03. | 1. | THE DISCOVERY PROCESS | Find out about your client / set goals and intentions / | Client Session 1 | Y |  |  |  |  |  |  |  |
| 05. | 3. | AWARENESS | Sharing The 4 Levels of Awareness | Client Session 2 | Drawing & Meditation |  |  |  |  |  |  |  |
| 05. | 3. | ABOVE AND BELOW THE LINE | Explains the client journey / seeds more sessions. | Client Session 2 / Sales | Drawing |  |  |  |  |  |  |  |
| 05. | 3. | KEY TV | Introduces Science, energy and frequency and vibes. | General Session | Drawing |  |  |  |  |  |  |  |
| **06.** | 4. PART 1 | THE KEY PHILOSOPHY | Clarity on what The Key is and it’s connection to energy, moods & feelings..- I Create my life affirmation. | Client Session 3 | Slides  Affirmation |  |  |  |  |  |  |  |
| **06.** | 4. PART 1 | IT’S ALL ABOUT VIBES | Client realisation of their moods and feelings and relation to what they are creating. | Client Session 3 | Worksheet / Exercise |  |  |  |  |  |  |  |
| **06.** | 4. PART 1 | COMFORT ZONE | Get the client to step out / gain confidence / take creative risks. | General Session | N |  |  |  |  |  |  |  |
| **06.** | 4. PART 2 | THE CREATION PROCESS | Share the how to behind creation – the three step process. | Client Session 4 | Slides  2 x worksheet |  |  |  |  |  |  |  |
| **06.** | 4. PART 2 | JUST IMAGINE …. | Introduces imagination. Starts the client’s creation process. Seeds more sessions. | Client Session 4 | Worksheet  Meditation |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |