Logo

Description automatically generated with medium confidence

**WORK SHEET 1A**

**‘IT’S ALL ABOUT VIBES’**

**NEGATIVE (-VE) VIBES**

MINE OTHER PEOPLE

……………………………………………. ……………………………………….

……………………………………………. ……………………………………….

……………………………………………. ……………………………………….

……………………………………………. ……………………………………….

……………………………………………. ……………………………………….

……………………………………………. ……………………………………….

……………………………………………. ……………………………………….

……………………………………………. ……………………………………….

……………………………………………. ……………………………………….

……………………………………………. ……………………………………….

……………………………………………. ……………………………………….

……………………………………………. ……………………………………….

……………………………………………. ……………………………………….

……………………………………………. ……………………………………….

……………………………………………. ……………………………………….

……………………………………………. ……………………………………….

……………………………………………. ……………………………………….

……………………………………………. ……………………………………….

**ACTION I WILL TAKE BECAUSE OF THIS AWARENESS**

1. ………

2. ………

3. ………

Logo

Description automatically generated with medium confidence

**WORK SHEET 1B**

**‘IT’S ALL ABOUT VIBES’**

**POSITIVE (+VE) VIBES**

MINE OTHER PEOPLE

……………………………………………. ……………………………………….

……………………………………………. ……………………………………….

……………………………………………. ……………………………………….

……………………………………………. ……………………………………….

……………………………………………. ……………………………………….

……………………………………………. ……………………………………….

……………………………………………. ……………………………………….

……………………………………………. ……………………………………….

……………………………………………. ……………………………………….

……………………………………………. ……………………………………….

……………………………………………. ……………………………………….

……………………………………………. ……………………………………….

……………………………………………. ……………………………………….

……………………………………………. ……………………………………….

……………………………………………. ……………………………………….

……………………………………………. ……………………………………….

……………………………………………. ……………………………………….

……………………………………………. ……………………………………….

**ACTION I WILL TAKE BECAUSE OF THIS AWARENESS**

1. ………

2. ………

3. ………