**WORKSHEET 2**

How well did you l \_ \_ \_ \_ \_ ?

The Key to your own **G \_ \_ \_ \_ \_** as a successful Key Coach will happen through the development of some core and essential skills.

We call these **C \_ - C\_ \_ \_ \_ \_ \_ \_ C\_ \_ \_ \_ \_ \_ \_ T \_ \_ \_ \_ \_ \_ \_ \_ \_ .**

We have shared some with you already and we will be sharing many more of these skills with you as your journey progresses.

Today we are sharing one with you which we know will have a P \_ \_ \_ \_ \_ \_ \_ effect on your coaching. We know this because our clients told us.

This skill is a very noticeable thing when experienced because it is **very R \_ \_ \_ .**

When you learn this skill or really it is a **G** \_ \_ \_ [which we all have the ability to access] and when you embrace it as a Key element of your coaching; people [your clients] will feel **UND**\_ \_ \_ \_ \_ \_ \_ and known, they will **O**\_ \_ \_ **U** \_ ,

feel **S** \_ \_ \_ and **S** \_ \_ \_ \_ \_ , they will be uplifted and make huge strides and

**S** \_ \_ \_ \_ \_. They will **T** \_ \_ \_ \_ you and they will **G** \_ \_ \_. You will too.

Can you guess what this skill is?

**L** \_ \_ \_ \_ \_ \_ \_ \_.

Most people that you coach will not have experienced this at a deep level.

No one has the time these days, everyone has their own stuff to deal with. They could also be closed-down to it, stuck in a groove. In the main it remains unlearned and unavailable to most.

In general people who are doing it, often focus only the **W\_ \_ \_ \_** that they

**H \_ \_ \_ .** This is surface level.

When we are teaching people about the power of words at The Key, the question we ask them is …

How do you experience words?

**Let me ask you that questions now?**

In what ways do we experience words?

Tap in your answers in the chat.

* H\_ \_ \_ them.
* S \_ \_ them.
* F\_ \_ \_ them.
* S\_ \_ \_ \_ them.
* O\_ \_ \_ \_ \_ \_ them

Yes these are ways we experience words but it goes way deeper than that.

At the next level we…

* I \_ \_ \_ \_ \_ them
* C \_ \_ \_ \_ \_ \_ to them
* R \_ \_ \_ \_ \_ \_ \_ with them
* E \_ \_ \_ \_ \_ from them
* F \_ \_ \_ with them
* V \_ \_ \_ \_ \_ \_ with them
* D \_ \_ \_ \_ \_ \_ \_ them

So you see words are experienced on **multiple levels.**

This level of H \_ \_ \_ \_ \_ \_ \_and L \_ \_ \_ \_ \_ \_ \_ \_ is our AS \_ \_ \_ \_ \_ \_ \_ \_ for you.

We want you to become a L \_ \_ \_ \_ \_ \_ \_ \_ Key Coach.

TO BE A ‘U \_ \_ \_ \_ \_ \_ \_ \_ L \_ \_ \_ \_ \_ \_ \_. ‘

When your client speaks; we want you to really H \_ \_ \_ them, to understand what they are saying to you and what you are really hearing, their environment, physical, emotional, thoughtful and spiritual.

We want them to have a K \_ \_ EX \_ \_ \_ \_ \_ \_ \_ \_ on every level not just surface.

We P R \_ \_ \_ \_ \_ them this, right at the beginning of their journey.

When we hear something, **we R \_ \_ \_ \_** but when you really hear your client **and better still they really hear themselves,** the R \_ \_ \_ \_ \_ \_ \_,

D \_ \_ \_ \_ \_ \_ \_ \_ and A \_ \_ \_ \_ \_ will come from a very difference place and that will make the world or universe of a difference. Because it will come **from and through them.**

You will simply be a C \_ \_ \_ \_ \_ \_ \_

**That is also our W \_ \_ \_ or you.**