

THE CREATION PROCESS®



What do you want?



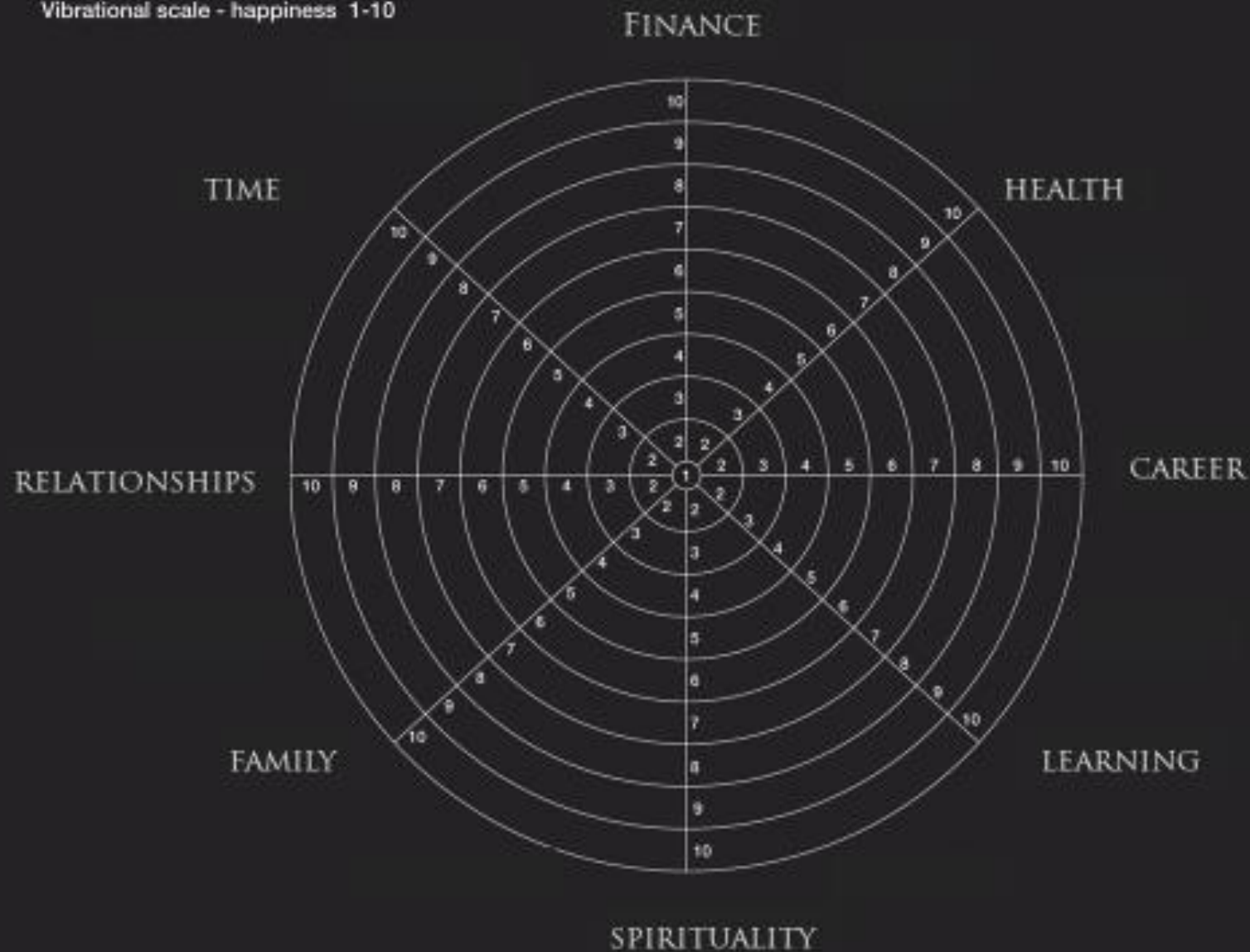
CLARITY THROUGH CONTRAST PROCESS WILL HELP WITH

- Health
- Career / Job / Business
- Money / Finance
- Life Partner / Relationships
- Friendships
- Work Relationships
- Education / Learning
- Spirituality
- Time



VISION WHEEL

Vibrational scale - happiness 1-10



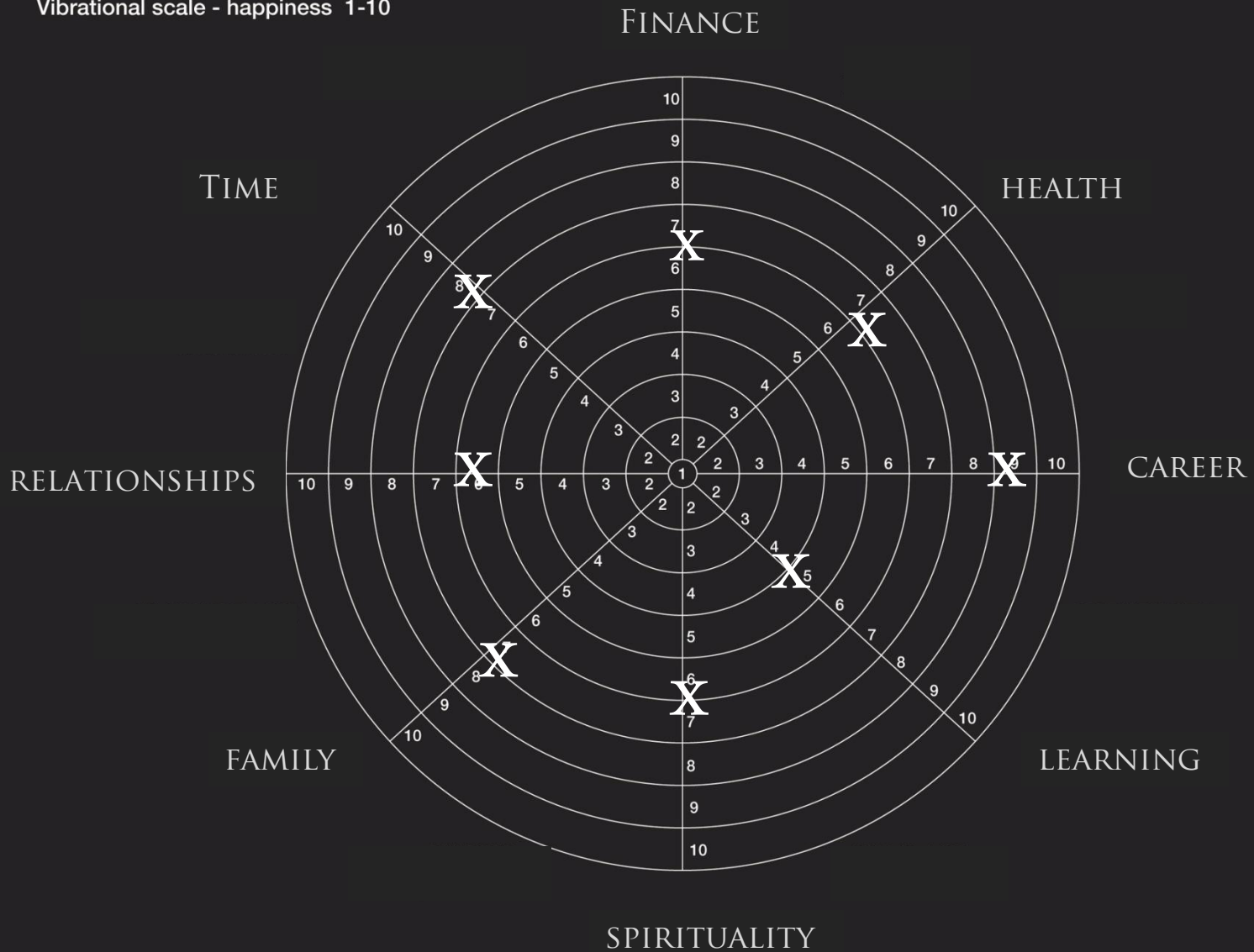
1

10



VISION WHEEL

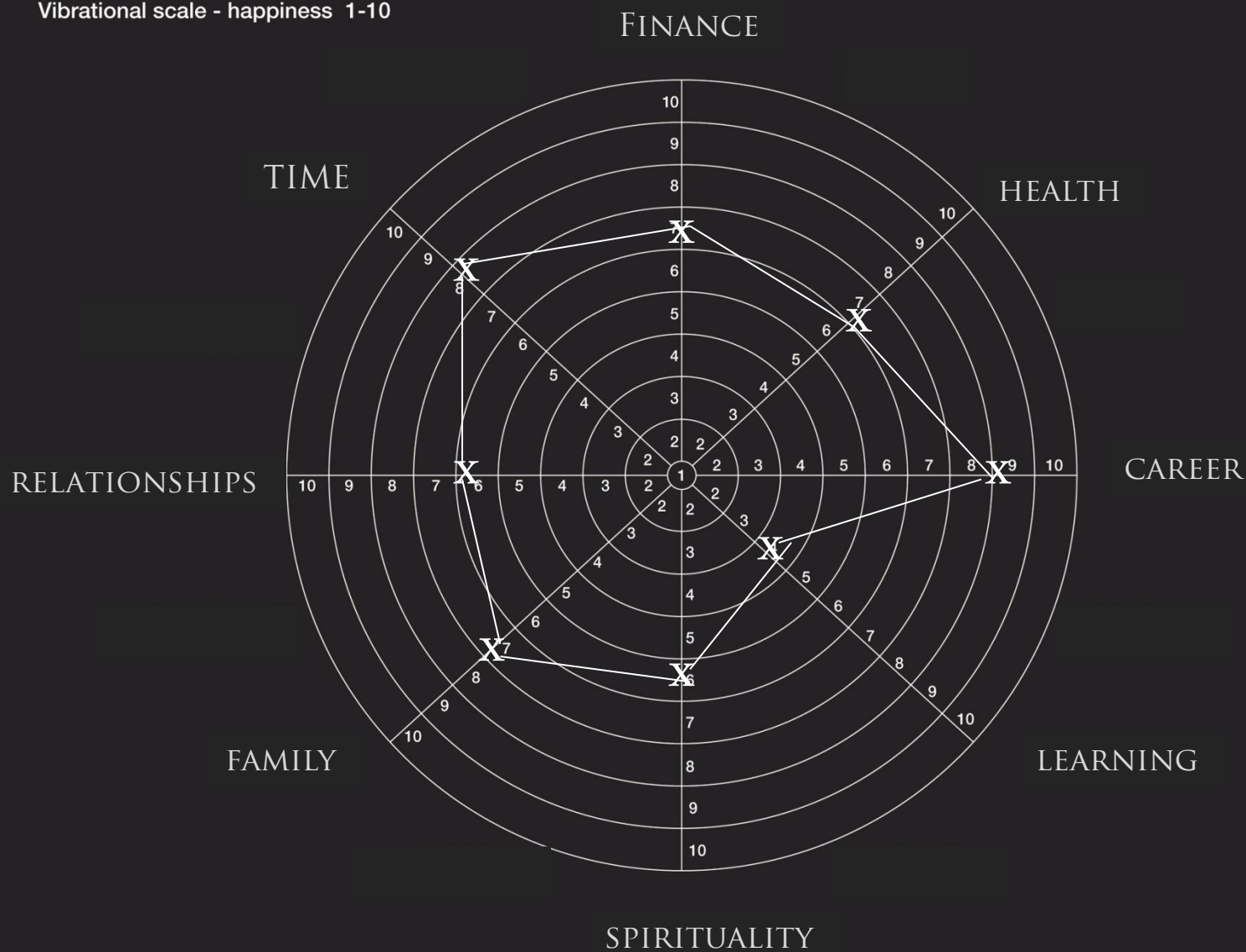
Vibrational scale - happiness 1-10



Categories based on Feng Shui Magic Square

VISION WHEEL

Vibrational scale - happiness 1-10



Categories based on Feng Shui Magic Square

CLARITY THROUGH CONTRAST

CLARITY THROUGH CONTRAST – EXAMPLE

CONTRAST – WHAT I DON'T WANT (-VE VIBES)



CLARITY – WHAT I DO WANT (+VE VIBES)

Finance - 7

I never have enough money

I hate my job

Family - 5

I am exhausted fighting

They don't listen to me

Health - 7

I don't like how I look

I can't lose that extra weight

I am always tired



CLARITY THROUGH CONTRAST – EXAMPLE

CONTRAST – WHAT I DON'T WANT (-VE VIBES)



CLARITY – WHAT I DO WANT (+VE VIBES)

Finance - 7

I never have enough money

I hate my job

Family - 5

I am exhausted fighting

They don't listen to me

Health - 7

I don't like how I look

I can't lose that extra weight

I am always tired

I always have enough money

I want a new job

I will be okay

I want them to listen

I want to look slimmer

I have only a few kilos to go

I want to be fitter

The Creation Process: Step 1

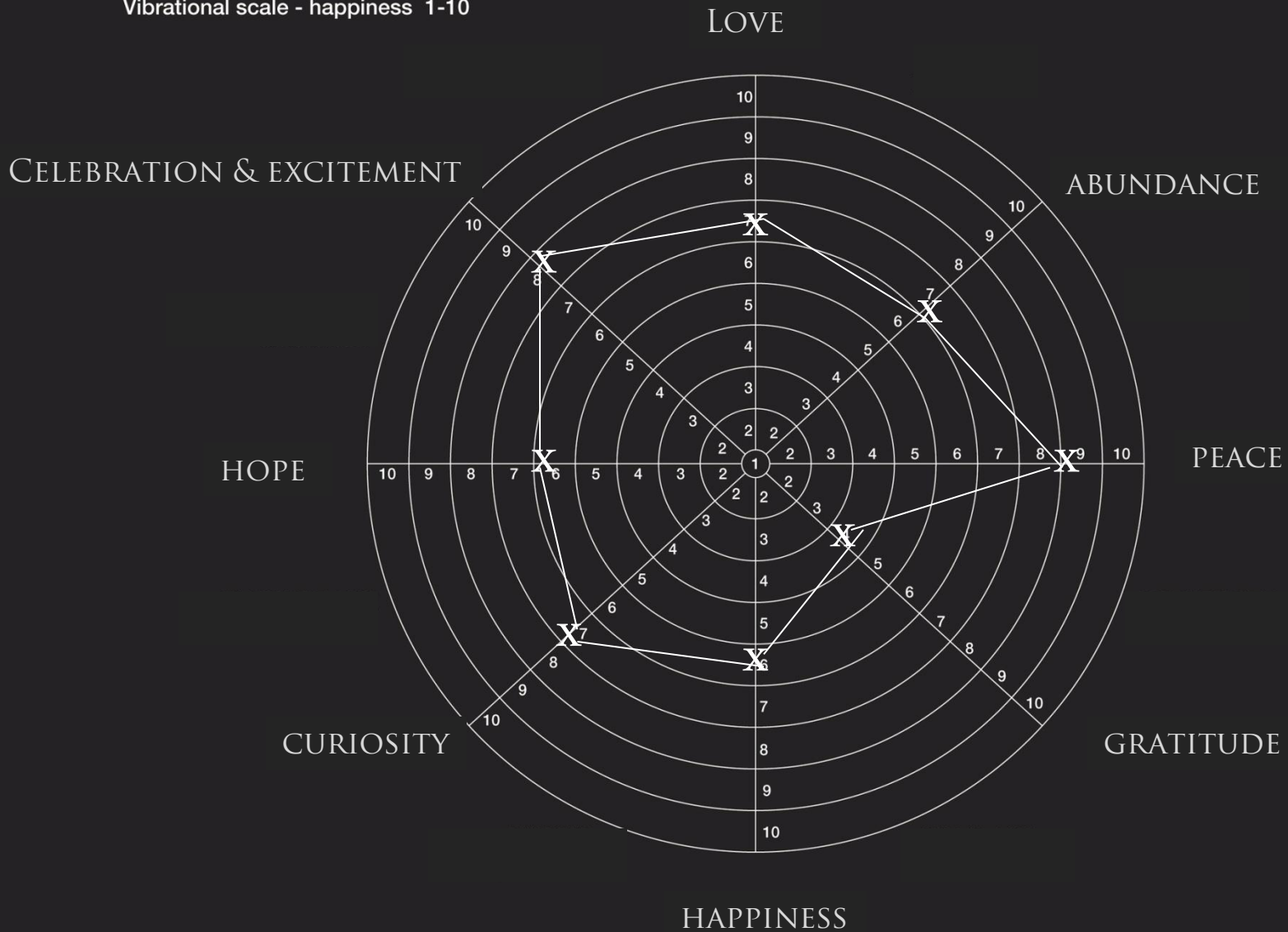
CLARITY ABOUT MY EMOTIONS

Exercise 2



EMOTIONS WHEEL

Vibrational scale - happiness 1-10



Categories based on Feng Shui Magic Square



CLARITY THROUGH CONTRAST

CLARITY THROUGH CONTRAST – EMOTIONS

CONTRAST – WHAT I DON'T WANT (-VE VIBES)



CLARITY – WHAT I DO WANT (+VE VIBES)

Love - 4

I don't feel loved

They make me so angry

Happiness - 5

I am so unhappy

My life is purposeless

I hate the way I look

It makes me feel so sad
to think about it

They make me feel depressed.



CLARITY THROUGH CONTRAST – EMOTIONS

CONTRAST – WHAT I DON'T WANT (-VE VIBES)



CLARITY – WHAT I DO WANT (+VE VIBES)

Love - 4

I don't feel loved

They make me so angry

Happiness - 5

I am so unhappy

My life is purposeless

I hate the way I look

It makes me feel so sad
to think about it

They make me feel depressed.

I feel loved

They make me happy

I am feeling happy

I have a purpose

I like the way I look

I don't think about that anymore

I make myself happy

CONGRATULATIONS
YOU HAVE NOW UNLOCKED

