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| **VIDEO OBSERVATION FORM – FEEDBACK**   **Date:** | | | | | | | | |
| **Overall Observations** | | | | | | | | |
| **Ref** | **Key Coaching Video Skills** | | **VIBE 1-10** | **Notes** | | | **Module / Lesson** |  |
| ***Example*** | ***Description of area*** | | ***7*** | ***Suggestions on how you could improve this area.*** | | | ***No. / Lesson Title*** |  |
| **TECHNICAL** |  | |  |  | | |  |  |
| **Zoom** | Organised and Proficient | |  |  | | |  |  |
| **Relaxed** | Helps the client feel relaxed and at ease. | |  |  | | |  |  |
| **Session Conversation** | Clearly knows and uses The Key Conversations effectively. | |  |  | | |  |  |
| **Check- In** | Checks In on previous session | |  |  | | |  |  |
| **Slides (Where Applicable)\_** | Has a good command of power point slides where applicable. | |  |  | | |  |  |
| **Drawings** | Good use of drawings to assist understanding of session. | |  |  | | |  |  |
| **Resources** | Handouts & Worksheets ready for client | |  |  | | |  |  |
| **Facilitation Skills** | Gives clear instructions to client for exercises | |  |  | | |  |  |
| **Key Skills** |  | |  |  | | |  |  |
| **Connection** | Good Eye Contact | |  |  | | | Module 8 |  |
| **Engaging** | Charismatic | |  |  | | | Module 8 |  |
| **Calm** | Calm and Peaceful | |  |  | | | Module 3 / Preparing The Way |  |
| **Universal Listener** | Active Listening  The client is heard | |  |  | | | Module 5 |  |
| **Space** | Leaves Space/ Comfortable with silence/ Time for client to answer | |  |  | | | Module 8 |  |
| **Emotions**  **The 6e’s** | Smiles and looks happy/ appropriate emotions | |  |  | | | Module 8 |  |
| **P.A.C.E** | A good pace not rushed  Varies PACE appropriately | |  |  | | | Module 8 |  |
| **Authentic** | Is natural and approachable | |  |  | | | Module 8 |  |
| **Encouraging** | Encourages The Client to speak. | |  |  | | | Module 8 |  |
| **The Key Philosophies as Skills** |  | |  |  | | | Module 8 |  |
| **Learning** | The client understands The Key Principle in the session. | |  |  | | |  |  |
| **Understanding** | The client understands what has been shared, | |  |  | | |  |  |
| **Clients Vibe** | The client leaves the session uplifted | |  |  | | |  |  |
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| **OBSERVATION FORM – VIDEO OBSERVATIONS** | | | | | | | | |
| **Session title** | | **3 Key Learning Points** | | | **3 Things to take conversation to the next level** | **Other Comments** | |  |
| 1. RECAP ON LAST SESSION | |  | | |  |  | |  |
| 1. Magical Conversation No 3 PLUS 2. The Discovery Process | |  | | |  |  | |  |
| 2. Awareness | |  | | |  |  | |  |
| 3. The Key Philosophy | |  | | |  |  | |  |
| **4. The Creation Process** | |  | | |  |  | |  |
| **5.The Significance of Words** | |  | | |  |  | |  |
| **6. RESET / What Do you want?** | |  | | |  |  | |  |
| **7. The Wheel of Life / CTC** | |  | | |  |  | |  |
| **8. Belief / Unlock Process** | |  | | |  |  | |  |
| **9. Writing Your New Story** | |  | | |  |  | |  |
| **10. Gratitude** | |  | | |  |  | |  |
| **11. Vision** | |  | | |  |  | |  |
| **Additional Feedback / Notes** | | | | | | | | |