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| **VIDEO OBSERVATION FORM – FEEDBACK**   **Date:**  |
| **Overall Observations**  |
| **Ref**  | **Key Coaching Video Skills**  | **VIBE 1-10**  | **Notes**  | **Module / Lesson**  |  |
| ***Example***  | ***Description of area***  | ***7***  | ***Suggestions on how you could improve this area.*** | ***No. / Lesson Title***  |  |
| **TECHNICAL**  |  |  |  |  |  |
| **Zoom**  | Organised and Proficient  |  |  |  |  |
| **Relaxed**  | Helps the client feel relaxed and at ease.  |  |  |  |  |
| **Session Conversation**  | Clearly knows and uses The Key Conversations effectively.  |  |  |  |  |
| **Check- In**  | Checks In on previous session |  |  |  |  |
| **Slides (Where Applicable)\_** | Has a good command of power point slides where applicable. |  |  |  |  |
| **Drawings**  | Good use of drawings to assist understanding of session.  |  |  |  |  |
| **Resources**  | Handouts & Worksheets ready for client  |  |  |  |  |
| **Facilitation Skills** | Gives clear instructions to client for exercises  |  |  |  |  |
| **Key Skills**  |  |  |  |  |  |
| **Connection**  | Good Eye Contact  |  |  | Module 8  |  |
| **Engaging**  | Charismatic  |  |  | Module 8  |  |
| **Calm**  | Calm and Peaceful  |  |  | Module 3 / Preparing The Way |  |
| **Universal Listener**  | Active ListeningThe client is heard  |  |  | Module 5 |  |
| **Space**  | Leaves Space/ Comfortable with silence/ Time for client to answer  |  |  | Module 8  |  |
| **Emotions** **The 6e’s**  | Smiles and looks happy/ appropriate emotions |  |  | Module 8 |  |
| **P.A.C.E** | A good pace not rushed Varies PACE appropriately |  |  | Module 8 |  |
| **Authentic**  | Is natural and approachable  |  |  | Module 8 |  |
| **Encouraging** | Encourages The Client to speak. |  |  | Module 8 |  |
| **The Key Philosophies as Skills**  |  |  |  | Module 8  |  |
| **Learning**  | The client understands The Key Principle in the session.  |  |  |  |  |
| **Understanding**  | The client understands what has been shared,  |  |  |  |  |
| **Clients Vibe**  | The client leaves the session uplifted  |  |  |  |  |
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| **OBSERVATION FORM – VIDEO OBSERVATIONS**  |
| **Session title**  | **3 Key Learning Points**  | **3 Things to take conversation to the next level**  | **Other Comments**  |  |
| 1. RECAP ON LAST SESSION
 |  |  |  |  |
| 1. Magical Conversation No 3 PLUS
2. The Discovery Process
 |  |  |  |  |
| 2. Awareness  |  |  |  |  |
| 3. The Key Philosophy  |  |  |  |  |
| **4. The Creation Process**  |  |  |  |  |
| **5.The Significance of Words**  |  |  |  |  |
| **6. RESET / What Do you want?**  |  |  |  |  |
| **7. The Wheel of Life / CTC**  |  |  |  |  |
| **8. Belief / Unlock Process**  |  |  |  |  |
| **9. Writing Your New Story**  |  |  |  |  |
| **10. Gratitude**  |  |  |  |  |
| **11. Vision** |  |  |  |  |
| **Additional Feedback / Notes**  |