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| **1.** |  | **THE KEY COACHING JOURNEY**   |  |  |  |  |  |  |
| **Module**  | **Session** | **Step**  | **Purpose / Description**  | **Topic**  | **Worksheet /** **Conversation**  | **Attended** **Session Y/N** | **Watched Replay** | **Completed Lessons** | **COACH VIDEO**  | **Coach** **Practice 2** | **Case Study** **Practice 1.** | **Case Study** **Practice 2.** |
| 04.  | 2. Part 2  | I AM A KEY [MC NO1] | The answer to what do you do? | Marketing  | Y  |  |  | **Y**  |  |  |  |  |
| 04.  | 2. Part 2 | MAGICAL CONVERSATION NO 2  | The answer to ‘What is The Key’?  | Marketing  | Y |  |  | **Y**  |  |  |  |  |
| 04.  | 2. Part 1 | PREPARING THE WAY [5 MINUTE VERSION]  | Getting you in the right state of being for coaching  | Prep /Co reative  | N |  |  |  |  |  |  |  |
| 03.  | 1.  | MAGICAL CONVERSATION NO 3.  | Used to open-up a clients first session.  | Client Session 1 | Y |  |  | **Y**  |  |  |  |  |
| 03.  | 1.  | THE DISCOVERY PROCESS  | Find out about your client / set goals and intentions /  | Client Session 1 | Y |  |  | **Y**  |  |  |  |  |
| 05.  | 3.  | AWARENESS  | Sharing The 4 Levels of Awareness | Client Session 2 | Drawing & Meditation  |  |  |  |  |  |  |  |
| 05. | 3.  | ABOVE AND BELOW THE LINE  | Explains the client journey / seeds more sessions.  | Client Session 2 / Sales  | Drawing  |  |  |  |  |  |  |  |
| 05. | 3.  | KEY TV  | Introduces Science, energy and frequency and vibes. | General Session  | Drawing  |  |  |  |  |  |  |  |
| **06.**  | 4. PART 1  | THE KEY PHILOSOPHY  | Clarity on what The Key is and it’s connection to energy, moods & feelings..- I Create my life affirmation.  | Client Session 3 | Slides Affirmation  |  |  |  |  |  |  |  |
| **06.**  | 4. PART 1  | IT’S ALL ABOUT VIBES  | Client realisation of their moods and feelings and relation to what they are creating.  | Client Session 3 | Worksheet / Exercise  |  |  |  |  |  |  |  |
| **06.**  | 4. PART 1  | COMFORT ZONE  | Get the client to step out / gain confidence / take creative risks. | General Session  | N  |  |  |  |  |  |  |  |
| **06.**  | 4. PART 2 | THE CREATION PROCESS  | Share the how to behind creation – the three step process.  | Client Session 4 | Slides 2 x worksheet |  |  |  |  |  |  |  |
| **06.**  | 4. PART 2 | JUST IMAGINE ….  | Introduces imagination. Starts the client’s creation process. Seeds more sessions.  | Client Session 4 | WorksheetMeditation  |  |  |  |  |  |  |  |
| **07.**  | 5. PART 1  | CLIENT SESSION START  | How to open a session following on from a previous session | General  | N |  |  |  |  |  |  |  |
| **07.**  | 5. PART 1  | CHECKING & MATCHIING  | Summary of what has been done so far | Session 5  | Filling In The Gaps  |  |  |  |  |  |  |  |
| **07.**  | 5. PART 2  | SIGNIFICANCE OF WORDS & RESET  | Setting Up For Clarity Through Contrast – Vision Wheel  | Session 5  | RESET  |  |  |  |  |  |  |  |
| **08.**  | 7. PART 1  | THE CREATION PROCESS  | The Genius 3 Step Process  | Client Session 6 | CP worry CP  |  |  |  |  |  |  |  |
| **08.**  | 7. PART 2 | CLARITY THROUGH CONTRAST (LIFE) | Exercise to establish what clients don’t and do want 1. DESIRES | Client Session 6 | Workbook Extract  |  |  |  |  |  |  |  |

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| **2.** |  | **THE KEY COACHING JOURNEY**   |  |  |  |  |  |  |
| **Module**  | **Session** | **Step**  | **Purpose / Description**  | **Topic**  | **Worksheet /** **Conversation**  | **Attended** **Session Y/N** | **Watched Replay** | **Completed Lessons** | **COACH VIDEO**  | **Coach** **Practice 2** | **Case Study** **Practice 1.** | **Case Study** **Practice 2.** |
| **09.**  | 8. PART 1 | CLARITY THROUGH CONTRAST (EMOTIONS) | Exercise to establish what clients don’t and do want 1. DESIRES | Client Session 7 | Workbook Extract  |  |  |  |  |  |  |  |
| **09.**  | 8. PART 2 | THE CREATION PROCESS - STEP 2  | Creating Desire Statements and Affirmations  | Client Session 7 | Workbook Extract  |  |  |  |  |  |  |  |
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