

THE CREATION PROCESS STEP 2  
DELIBERATE CREATION  
DESIRE STATEMENTS  
  
[CLIENT SESSION 7]

## THE CREATION PROCESS – STEP 2

Okay, we have now completed Step 1 and your client will now be clearer about what they want!

But here is an important point here for them to grasp..

If you **want** something do you have it?

NO.

If you are always in **a state of wanting** will you ever have it?

NO.

This next stage in the process, STEP 2, is really important.

**It's about changing your clients CLARITY THROUGH CONTRAST WANTS into powerful energising creative DESIRE STATEMENTS**

We do this BY sharing how to RESET their wants into AFFIRMATIONS at The Key we call these DESIRE STATEMENTS.

**This is your next client SESSION**

## CLIENT SESSION 8

### SAY TO CLIENT ....

Okay, we have now completed Step 1 and you are clearer about what you want!

But here is an important point.

If you want something do you have it?

NO.

If you are always in a state of wanting will you ever have it?

NO.

This next stage in the process, STEP 2, is really important.

It's about changing your Clarity THROUGH Contrast wants into **powerful energising creative desires.**

So energised that you will actually feel them.

That is how creation works BY YOU.

You have to be in the state of having it, feeling it or being it.

## CLIENT SESSION

***The Power of Awareness by NEVILLE (An E Book within The Key dashboard available as part of The Key Membership)***

***[READ THIS to the client]***

### **Chapter Three - POWER OF ASSUMPTION**

A persons chief delusion is his conviction that there are *causes other than his own state of consciousness* . All that befalls them -all that is done by them - all that comes from them - happens as a result of their state of consciousness.

A persons consciousness is all that they think and desires and love, all that they believes is true and consents to . That is why a change of consciousness is necessary before you can change your outer world. Rain falls as a result of a change in temperature in the higher regions of the atmosphere, so, in like manner, a change of circumstance happens as a result of a change in your state of consciousness. "Be ye transformed by the renewing of your Mind"

To be transformed, the whole basis of your thoughts must change. But your thoughts cannot change unless you have *new ideas*, for you think from your ideas. All transformation begins with an intense, burning desire to be transformed. The first step in the "renewing of the mind" is *desire*. You must want to be different [*and intend to be*] before you can begin to change yourself.

***Then you must make your future dream a present fact.***

***You do this by assuming the feeling of your wish fulfilled.***

***By desiring to be other than what you are, you can create an ideal of the person you want to be and assume that you are already that person.***

If this assumption is persisted in until it becomes your dominant feeling, the attainment of **your ideal** is inevitable.

**[REPEAT THIS HIGHLIGHTED PART TWICE READING VERY SLOWLY**

## CLIENT SESSION

We can feel ‘the wish fulfilled’ and create our desires by giving our words and feelings our energy focus and attention but The key is to make these OUR PRESENT TENSE

We do this using AFFIRMATIONS at The Key, we call them desire statements.

Have you heard of this?

**AFFIRMATIONS ARE ....**

**DESIRE STATEMENTS THAT MAKE YOUR FUTURE DREAM A PRESENT TENSE AND REALITY**

**[Ask you client to write that down]**

Can you give me an example of an affirmation that you have used in their experience?

**[Ask the client for an example of - Talk about their example.]**

The key thing here to remember is the tense.

Refer back to Neville’s Extract ...

Then you must *make your future dream a present fact.*

You do this by *assuming the feeling of your wish. fulfilled.*

## CLIENT SESSION

In Key coaching we work with 3 Key Affirmations/ Desire Statements

THE first and most powerful affirmation is I AM.

I AM features in many ancient texts.

*Read this extract out.*

*“What happens to the outer life of the individual who says I AM.*

*Nothing will bless the individual to so great a degree as the conscious understanding of these creative words”*

We use the words I AM all the time.

Tell me some negative things you tell yourself about I AM all the time

[Look at your Contrast list you might have some in there before you RESET them – check back with the client]

Using the I AM statements positively is THE most powerful affirmation you could make as it is in the **present tense**.

## CLIENT SESSION

### [I AM IN THE PROCESS]

Some people can also only see what is happening to them in the present moment and can't believe that if they say I AM it will change things for them.

Here is a nice little intermediary phrase that can assist you with affirmations.

The 2<sup>nd</sup> Desire statement we could use is

It's I AM in the process for example I am in the process of losing weight , getting a new job etc

### [EMOTION AFFIRMATIONS]

And the third type of affirmation we can use to create DESIRE statements is words that help create the feeling and make them feel true and real we can energise your words **like “emotional high energy bombs and create powerful desire statements.**

For example I love how it feels having more money, I love being fit and healthy, I like the idea of a new job.

Is it true you love how it feels to have an abundance of money?

YES, so this statement is TRUE and so your inner self (subconscious)

will recognise that and accept it as true and set about proving it right by giving you more money.

Can you see how this works?

## CLIENT SESSION

So to RECAP

AFFIRMATION known at The Key as Desire statements are positive present life affirming statements in the NOW declaring what you want to see in the future and begin with

1. I AM
2. I am in the process of
3. I love {emotion} how it feels .....

*Write these down in your workbook.*

This is how you make affirmations feel true for you.



## CLIENT SESSION

### EXERCISE - CREATING YOUR OWN DESIRE STATEMENTS

Okay, now we are going to take your set of wants

The ones you created in your Clarity though Contrast exercise and RE-CREATE them to powerful desire statements.

We can do this in three ways by:

1. Using I AM
2. Using I AM in the process of
3. Using emotional words

## CLIENT SESSION

### EXERCISE FACILITATION

Ask the client to go back to their Clarity Through Contrast Worksheet and review their {Right Hand Side} CLARITY 'RESET' statements **{NOT THEIR CONTRAST}** *This is a worksheet they did in the last session.*

They should now go through each **clarity statement** and change it any of the 3 ways above.

1. Using I AM
2. Using I AM in the process of
3. Using emotional words

Ask them to give you a CLARITY statement and change it the 3 ways to give them an example:-

Example I want to get a new JOB

- I AM working in my ideal career / job
- I am in the process of finding a new job
- I love working for **my ideal\*** company

\* MY IDEAL connects back to Neville's extract

REAFFIRM that all of these are **positive, present and TRUE**

When the client has completed these

- Go through them all
- Checking they have **removed all wants**
- **They are positive, present and TRUE**
- The client feels natural saying them
- Do they feel different from their set of wants?

## CLIENT SESSION

FINISH ON reading the highlighted part of Neville again

Then you must ***make your future dream a present fact.***

***You do this by assuming the feeling of your wish. fulfilled.***

By desiring to be other than what you are, you can **create an ideal** of the person you want to be and ***assume that you are already that person.***

ASK - Now do you understand how it works now?